

New Year's Resolutions Rejuvenate and Save Cambridge Beaches Ocean Spa supports your 2008 Resolutions

Cambridge Beaches, Bermuda, 2008 – The Ocean Spa at Cambridge Beaches Resort and Spa has gone through a sublime transformation in 2007 and as the New Year approaches, it is time for the unveiling. Guests who seek to support their health and wealth resolutions can do so in 2008 with a new package that offers substantial savings on all spa treatments from January 1, until February 28, 2008. Guests can buy one spa treatment and get a second treatment for free, (of equal or lesser value) – a 50% savings! And that's not all you can save on. Deluxe cottages are only \$330 per person, based on double occupancy with a three night minimum additionally the package includes breakfast, room taxes, and fees, which is 20% in savings. Keeping your New Year's resolutions might not be so hard after all! The exciting news is the Ocean Spa has transformed from aesthetically pleasing to uberchic over the last year, adding four new experience suites – crystal mist, aroma steam, herbal sauna, and monsoon shower – as well as a new couples' treatment room and a new manicure/pedicure lounge while maintaining its philosophy in giving guests personalized treatments with a European flair. Also adding to the European flavor are two new product lines: Sothys of Paris and Aromatherapy Associates of London. U.S. guests can immerse themselves in the European-styled spa minus the jetlag and the sting of the Euro since U.S. currency is widely accepted at the resort and the average direct flight time is only two hours from New York or Boston.

Cambridge Beaches is magical during the winter season as its four private beaches are tranquil, the weather moderate and resort pace slows a bit after the hectic summer season, making the meditation and labyrinth gardens ideal for seated meditations or long walks with a loved one. Healthy cooking classes are available on the weekends, plus guests can take advantage of the Chef's table, a winter-only event, golf, and all the island has to offer. For additional information or to learn more about this historic cottage property tucked away on a 30-acre peninsula in Bermuda, offering elegance and a four-diamond rating, visit www.cambridgebeaches.com or U.S. residents can call 800.468.7300.

The readers of Cone Nast Traveler have spoken as the November 2007 Conde Nast Traveler Reader Choice Awards have chosen Bermuda as the number one island in the Caribbean.

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