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**FOR IMMEDIATE RELEASE**

**MONICA CAREZANI-GAVIN, MD: 1<sup>ST</sup> LEHIGH VALLEY, PA DOCTOR TO  
ACHIEVE DIPLOMATE CERTIFICATION FROM THE AMERICAN ACADEMY  
OF ANTI-AGING AND REGENERATIVE MEDICINE (A4M).**

Bethlehem, PA, January 3, 2008 – Azani Medical Spa, located in Bethlehem, PA, announced the Diplomate Certification status of Dr. Monica Carezani-Gavin through the American Academy of Anti-Aging and Regenerative Medicine (A4M). From its global membership of over 20,000 physicians and health practitioners from 90 countries, Dr. Gavin, owner of Azani Medical Spa, is now among 2,000 credentialed A4M members, “that make up the elite core of anti-aging medicine” according to Catherine Cebula, spokesperson for A4M. Dr. Gavin is also the *only* doctor from the Lehigh Valley, Pennsylvania’s third largest metropolitan region, to receive Diplomate standing.

Dr. Gavin successfully completed a rigorous study and examination program involving over 2,000 pages of cutting edge technology on anti-aging medicine. The multi-disciplinary topic requires in-depth knowledge of nutrition, organ systems, biotechnology, endocrinology, aesthetics, trends in anti-aging, as well as therapeutic treatments. Dr. Gavin’s Diplomate certification demonstrates her knowledge and dedication of anti-aging issues and procedures.

“The American Academy of Anti-Aging and Regenerative Medicine is a non-profit medical society dedicated to the advancement of technology to detect, prevent and treat age related disease and to promote research in areas to optimize health and the aging process,” Cebula stated. Dr. Gavin explained her desire to become affiliated with A4M stating, “I want to help people maximize their chances to live healthy lives without cancer, with intact mental faculties, and with the stamina to do everything they want to do in life, even as time marches on. With the current medical and scientific knowledge, it is an achievable goal.”

Based on the latest scientific research in health and anti-aging, Azani Medical Spa, under the skillful direction of Dr. Monica Gavin, assess and recommends treatment according to individual patient needs. Services offered include Bioidentical Hormone Replacement Therapy, Genetic Health, Nutraceuticals, Adult Stem Cell collection and banking services through NeoStem, Inc., adolescent and adult acne care, wrinkle correction with Botox and Dermal fillers, and comprehensive anti-aging skin care programs among others.

For additional information on this topic, or to arrange an interview with Dr. Monica Gavin, CEO & Medical Director of Azani Medical Spa, please contact Andrea Imperato at 610-625-3000 or email [Andrea@AzaniMedicalSpa.com](mailto:Andrea@AzaniMedicalSpa.com).

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