

Mayflower Inn & Spa Chooses Lou Hammond & Associates

Lou Hammond & Associates is proud to announce its association with the Mayflower Inn & Spa. Set in Connecticut's Litchfield Hill, less than two hours from New York City, the Mayflower Inn & Spa has won international acclaim as a luxurious country house hotel, noted for its sumptuous interiors, beautiful grounds and outstanding cuisine.

In 2006, the property introduced a Destination Spa set on 15 adjacent acres with easy access to 3,000 acres of nature preserve. The impeccably-appointed Spa House is the gateway to the best in physical fitness, restorative treatments and informative wellness classes. This varied programming, delivered with an emphasis on the importance of the balance between mind and body, quickly propelled the Mayflower Destination Spa to the top ranks of luxury spas.

The Mayflower's culinary program is under the direction of Executive Chef Steve Mannino, who brings the concept of fresh, local "Connecticut Cuisine" incorporating organic ingredients from the state's coast and countryside. This emphasis on regional specialties also defines the Mayflower Inn's exclusive Spa cuisine. Dining areas include the Main Dining Room, the Shakespeare Garden and the informal Tap Room.

The charming Teahouse is a classic country lodge that converts into a contemporary conference facility with 1,200 square feet of space and a 400 square-foot breakout room. Ideal for private receptions, board meetings and lectures, The Teahouse is equipped with a wide-screen television, overhead projectors, seminar seating, and Wi-Fi. A Mayflower coordinator is always available to facilitate meetings and conferences.

The MAYFLOWER INN & SPA FACT SHEET

About The Mayflower: Set in Connecticut's bucolic Litchfield Hills, less than two hours from New York City, the Mayflower Inn & Spa has won international acclaim as a luxurious country house hotel, noted for its sumptuous interiors, beautiful grounds, and outstanding cuisine. In 2006, the property introduced a Destination Spa set on 15 adjacent acres with easy access to 3,000 acres of nature preserve.

Website: www.mayflowerinn.com

Reservations: 860-868-9466

Accommodations: The Inn's 21 rooms and nine suites are lavishly and romantically appointed. 15 rooms are located in the main building while the remaining accommodations are in three of the impeccably-restored outer buildings. Canopy beds are covered with Frette linens and down bedding. All rooms are outfitted with fine furnishings, artwork and antiques, a fireplace and flat screen television with cable. Rooms also include a desk, dataport, two-line telephone with voicemail, safe and mini-bar. Marble bathrooms feature a soaking tub, steam shower, robe and slippers along with customized bath amenities.

The Mayflower Spa: Set on a hill overlooking Blue Heron pond, the 20,000 square-foot Destination Spa takes a highly-personalized and holistic approach, leaving guests refreshed and restored in mind, body and spirit. With a commitment to luxury and well-being, the spa has garnered many of the industry's most prestigious awards. Within six months of its opening, the Mayflower Spa topped *Condé Nast Traveler's* list of the top 50 spas in America.

Fine Dining: The Mayflower's culinary program is under the direction of Executive Chef Steve Mannino, who brings the concept of fresh, local "Connecticut Cuisine" incorporating organic ingredients from the state's coast and countryside. This emphasis on regional specialties also defines the Mayflower Inn's exclusive Spa cuisine. Dining areas include the *Main Dining Room*, the *Shakespeare Garden* and the informal *Tap Room*.

Grounds and Activities: The Mayflower's grounds boast 58 acres of endless rare specimen trees as well as lush gardens including the exquisite and tranquil Shakespeare Garden and American Poetry Maze. The adjacent Steeprock Reserve provides stunning natural beauty as well as a playground for a wide range of outdoor activities including hiking, cycling, fishing, horseback riding, skiing, and snowshoeing.

At the Inn there is a fully-equipped fitness center as well as tennis courts, a putting green and indoor and outdoor swimming pools. The nearby town of Kent showcases local artists and fine antiques in its shops and galleries.

Meetings: The charming Teahouse is a classic country lodge that converts into a contemporary conference facility with 1,200 square feet of space and a 400 square-foot breakout room. Ideal

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The Shops: The Mayflower Inn's stylish boutique offers cashmere clothing and accessories, Frette linens, comforters and coverlets, fine jewelry and watches, antiques, and a lavender-scented selection of Red Flower body products and candles. The Mayflower Spa's shop provides Mayflower signature products used in spa treatments as well as Farmaesthetics, Jurlique and SkinCeuticals products.

History: In 1989, Adriana and Robert Mnuchin purchased an estate on 58 sprawling acres in Washington, Connecticut. Once the home of a prominent family, later a boy's school and finally an inn, the buildings and grounds were dilapidated and overgrown. The family's vision and ambitious commitment inspired a rebuilding program and the Mayflower Inn opened in 1992 followed by the Spa in 2006. Today the Mayflower Inn is owned by American Property Management.

Room Rates: Rooms from \$495 – \$750. Suites from \$750 – \$1,400.

Spa Rates: Mini-luxe two-night night getaways from \$1,750. Mini-luxe three-night escapes from \$1,950. Above & Beyond three-, four-, and five-night all-inclusive packages from \$4,800. Facials from \$180 – \$265; Soul Enhancing experiences from \$90 – \$250; Body Scrubs and Wraps from \$90 – \$245; Massages from \$160 – \$330; Active Body classes from \$110 – \$240.

MEDIA CONTACT:

Katie Barr

Katie Rogers

Lou Hammond & Associates

Ph: +1-212-891-0215/891-0231

Fax: +1-212-891-0200

E-mail: katieb@lhammond.com/katier@lhammond.com