

FOUND SPA OPENS AT HUMBER VALLEY RESORT

HUMBER VALLEY, NEWFOUNDLAND (March 16, 2007) - Relaxation at Humber Valley Resort is now even easier, with an opportunity to truly indulge yourself at **Found Spa**. The Aveda Concept Spa has now opened, offering treatments at this luxury resort in a beautiful woodland setting on the banks of the Humber River and Deer Lake in Newfoundland, Canada.

The four treatment rooms are inspired by the resort's natural surroundings and incorporate elements of earth, fire, water and air. "We wanted to create the ultimate relaxation experience at Humber Valley" comments Mike Clewer, the resort manager. "The resort is located in such a peaceful setting that creating Found Spa was a natural progression. The treatments are designed to help people wind down and escape the stressful trappings of everyday life."

Located on the banks of Deer Lake, the spa's deck extends to the water's edge and the grounds include tranquil gardens where guests can relax before and after treatments. The complimentary hot tub allows visitors to enjoy a relaxing soak in a secluded glade.

One of Found Spa's signature experiences is the *Après Snow*, the perfect way to relax after a day of winter sports. Allow your therapist to soothe dry winter skin and knead away the cold with a 60-minute facial and 90-minute massage. This experience also includes a light, delicious spa lunch and plenty of time to rest and enjoy the hot tub. The cost is \$179.*

Treatments are designed for both men and women, and the large variety on offer includes facials, massages, waxing, full body, hand and feet treatments. The rooms can accommodate two people should you wish to share the experience with a friend or loved one.

Found Spa is the ideal way to relax and sooth well-worked muscles after a day in the fresh air enjoying the host of winter activities available at Humber Valley Resort, that include snow shoeing, down hill, cross country and CAT skiing, snowboarding and snowmobiling. And as an accredited Aveda Concept

Spa, Found is in synergy with the environment and all products use natural ingredients and come in recycled packaging.

For information on property sales at Humber Valley Resort, contact Newfound Property International at 1-888-450-0080 or visit www.newfoundproperty.com.

For more information on vacations at Humber Valley Resort, call 1-866-686-8100 or visit or www.humbervalley.com/vacations.asp

One of the world's finest four season resorts, Humber Valley Resort spreads over 2,200 acres of Western Newfoundland, Canada. Beautifully appointed three to eight-bedroom luxury chalets on forested lots averaging an acre in size or superbly appointed one and two-bedroom apartments host owners or guests in comfort, peace and tranquility: the perfect base for an active four season life of skiing, snowmobiling, canoeing, angling, hiking, swimming, sailing, boating, whale watching, sea kayaking and golf.