

Gwinganna launches unique new Signature Spa Ritual

Gwinganna Lifestyle Retreat in Queensland's lush Gold Coast hinterland will launch its brand new Signature Spa Ritual from December for guests staying at the retreat. The Ritual is a four hour journey for two people to share in the new and custom designed Signature Spa Suites.

The Signature Ritual itself is designed to take guests to a never-before experienced feeling of peace and relaxation. The Ritual includes a bath and a body scrub using Australian organic products, the new 90 minute Gwinganna Signature Massage, private steam room, welcoming tea ceremony, private outdoor deck and hand made organic refreshments.

During the Ritual, in an Australian first, therapists customise the products and aromas and guests are taken on a sensory journey which balances and treats all the five senses. Sights, sounds, smells, touch and taste are all lovingly attended - both during the treatment itself and in the experience of the majestic spaces that have been created.

After the Ritual was planned, building and interior designer, Pouné Parsanejad developed two serene and luxurious suites from Australian reclaimed timbers using rich, warm colours that make the most of the natural beauty of the surrounding environment.

The Suites are a feast for the senses and create a harmonious interplay between the indoor and outdoor spaces. They are cantilevered over a secluded billabong so guests can enjoy the spa experience in a tranquil, private setting, soothed with the gentle sounds of water and birdsong.

The specialty therapists have been chosen specifically and were involved in the creative process of designing this new signature offering. General Manager Sharon Kolkka says that selecting the therapists was just as important as the treatment components and the setting for the ritual. "We have taken the time to create something that is unique to Gwinganna and that will deliver a truly memorable experience for guests" said Ms Kolkka.

The experience of being touched at every level of your being, and allowing all your senses to be sated, is simply unique. "We believe this ritual is a pathway into the self that once experienced will bestow a gift of healing that will last". Available only for guests at Gwinganna, the four hour Signature Spa Ritual is \$550 per person and limited spaces are available. Phone 1800 219 272 or visit www.gwinganna.com <<http://www.gwinganna.com/>>

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Set in the Gold Coast hinterland with ocean and valley views, Gwinganna Lifestyle Retreat has a serenity and soul that will inspire the desire to live a healthier life. Experience innovative wellness programs, specialty spa treatments, superb organic cuisine and extensive facilities. Just 30 minutes from Gold Coast airport and 15 minutes from Burleigh Heads beach, Gwinganna opened March 2006 and offers two styles of accommodation including carefully restored Heritage style rooms or the superior new Orchard Suites built from Australian reclaimed timber. All rooms feature their own bathroom or ensuite. Programs are 2, 3, 4, 5 or 7 day stays and have set arrival dates. Packages are fully inclusive of all organic meals, snacks and beverages, accommodation, all scheduled activities and some spa treatments. Courtesy transfers are available at set times from Gold Coast airport. An extensive new spa, the Spa Sanctuary, is due to open late 2007.

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