

GENERAL INFORMATION

INFORMATION AND RESERVATION

We are at your service for any advice, assistance or further information you may require concerning the PALACE SPA.

Phone: +41 (0)41 416 15 15
Email: spa@palace-luzern.ch

For accommodation, packages and vouchers
Phone: +41 (0)41 416 19 19
Email: reservation@palace-luzern.ch

CANCELLATIONS

Guests are requested to give us at least 24 hours advance notice of any cancellations. Cancelled treatments will otherwise be invoiced.

ACCESS

The Spa reception is located on the 3rd floor of the hotel and can be accessed via the lobby elevator or stairs.

GIFT VOUCHERS

A welcome surprise as a token of appreciation. A decorative PALACE LUZERN gift voucher is always a popular present for family and friends. It makes an ideal gift for any occasion, however large or small. We will be happy to prepare a gift voucher tailor-made to your requirements. And to add that important personal touch!

Euro prices have been calculated at an exchange rate of 1 € = 1.50 and are intended as guidance only. The prevailing exchange rate will apply. We reserve the right to amend prices.



PALACE LUZERN

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SPA PRICE LIST

PALACE LUZERN
SWITZERLAND



Swiss Deluxe Hotels



VICTORIA-JUNGFRAU COLLECTION

ESPA

FOR INDIVIDUALISTS

Time

Instead of selecting a specific treatment in advance, simply book "Time" 2 hours CHF 340/€ 227

The authentic Swiss Alpine herb poultice massage

Foot ritual, full body herbal poultice massage, head massage 1 hour 25 minutes CHF 260/€ 173

ESPA AYURVEDIC-INSPIRED TREATMENTS

Oriental joint release

Foot ritual, full body exfoliation, gentle facial cleansing, joint release massage with hot stones, head massage 1 hour 55 minutes CHF 320/€ 213

Purva Karma four-hand massage

Foot ritual, full body exfoliation, gentle facial cleansing, full body synchronized massage with hot stones by two therapists, head massage 1 hour 55 minutes CHF 420/€ 280

Ama-releasing abhyanga

Foot ritual, full body exfoliation, gentle facial cleansing, ayurvedic marma point massage, head massage or shirodhara 1 hour 55 minutes CHF 320/€ 213

Ayurvedic body wrap

Foot ritual, full body exfoliation, body wrap including head massage, full body marma point massage with hot stones 1 hour 55 minutes CHF 315/€ 210

Padabhyanga (Indian foot ritual)

50 minutes CHF 170/€ 113

Shirobhyanga (Oriental head massage)

40 minutes CHF 130/€ 81

ESPA HOT STONE THERAPY

Holistic back, face and scalp massage

Foot ritual, back exfoliation, back massage with hot stones, ESPA intensive facial, neck massage with hot stones, head massage 1 hour 55 minutes CHF 310/€ 207

ESPA chakra balancing with hot stones

Foot ritual, full body exfoliation, gentle facial cleansing, body massage with hot stones, head massage 1 hour 55 minutes CHF 310/€ 207

Balinese body massage

Foot ritual, rhythmic sweeping massage with hot stones, head massage 1 hour 25 minutes CHF 230/€ 153

ESPA ADVANCED FACIAL CARE

Facial for back and face

Back exfoliation, back massage, ESPA intensive facial 1 hour 25 minutes CHF 200/€ 133

Age defyer

Specialized double cleansing techniques, gentle exfoliation, facial massage, face mask, head massage 1 hour 25 minutes CHF 200/€ 133

ESPA intensive facial

Specialized double cleansing techniques, gentle exfoliation, relaxing acupressure facial massage, face mask, head massage 55 minutes CHF 150/€ 100

Men's purifying facial, shoulder and scalp massage

Specialized double cleansing techniques, gentle exfoliation, relaxing acupressure facial massage, face mask, head massage, shoulder and neck massage 55 minutes CHF 150/€ 100

ESPA ADVANCED SUPER ACTIVE FACIALS

Advanced lifting and firming facial

Specialized double cleansing techniques, gentle exfoliation, eye area massage, ESPA age defyer massage, face mask, iced stones on the forehead, head massage 1 hour 25 minutes CHF 200/€ 133

ESPA BODY WRAPS

The ultimate body wrap

Body brushing, full body exfoliation, body wrap with head massage, full body moisturization 55 minutes CHF 150/€ 100

ESPA MASSAGES

Aromatherapy body massage

Essential massage using essential oils 1 hour 20 minutes CHF 210/€ 140

50 minutes CHF 170/€ 113

Swedish body massage

Traditional massage to relieve tension 1 hour 20 minutes CHF 210/€ 140

50 minutes CHF 170/€ 113

Deep tissue massage

Specific hot stone massage to ease muscles 1 hour 20 minutes CHF 210/€ 140

50 minutes CHF 170/€ 113

Reflexology

Therapeutic foot massage 50 minutes CHF 170/€ 113

ESPA SPECIALIZED TREATMENTS

The total pre- and postnatal treatment

Back cleansing with relaxing back massage, full body exfoliation, advanced massage 1 hour 25 minutes CHF 210/€ 140

Stimulating hip and thigh treatment

Body brushing and exfoliation (deep detoxifying massage), massage of the relevant reflex zones and pressure points on the feet 55 minutes CHF 150/€ 100

BOUTIQUE TREATMENTS

ESPA full body salt & oil scrub

Exceptional skin-softening body exfoliation 25 minutes CHF 90/€ 60

Express facial

Gentle facial cleansing and facial massage 25 minutes CHF 90/€ 60

Back and neck massage

25 minutes CHF 90/€ 60

PRIVATE SPA RITUALS

Private Spa Ritual Diamond (for 2 persons)

3 hours of "Time" treatment per person (including foot ritual), Spa lunch, relaxation in the Private Spa, selection of teas and soft drinks, fresh fruit, petit fours full day CHF 1400/€ 933

Private Spa Ritual Pearl (for 2 persons)

2 hours of "Time" treatment (including foot ritual), Spa lunch, 1 hour of relaxation in the Private Spa, selection of teas and soft drinks, fresh fruit half day CHF 900/€ 600

ON REQUEST

Lomi Lomi

Traditional Hawaiian massage performed with hands and forearms and natural body oils 1 hour 25 minutes CHF 280/€ 187

CLASSIC BEAUTY

Classic facial care for him and her 1 hour 20 minutes CHF 200/€ 133

All-round facial 1 hour 45 minutes CHF 250/€ 167

Manicure with nail polish 55 minutes CHF 95/€ 63

Pedicure with nail polish 55 minutes CHF 95/€ 63

Nail varnish 30 minutes CHF 40/€ 27

Eyelash or eyebrow tinting 25 minutes CHF 55/40* / € 36/27 *

Eyelash and eyebrow tinting 40 minutes CHF 70/40* / € 44/27 *

Eyebrow shaping 15 minutes CHF 40/20* / € 27/13 *

Day make-up 25 minutes CHF 70/€ 47

Evening make-up 40 minutes CHF 95/€ 63

HAIR REMOVAL

Full-leg, bikini and underarms 1 hour 25 minutes CHF 180/€ 120

Half-leg, bikini and underarms 55 minutes CHF 110/€ 73

Full-leg 55 minutes CHF 120/€ 80

Half-leg 25 minutes CHF 60/€ 40

Bikini 25 minutes CHF 60/€ 40

Underarms 25 minutes CHF 60/€ 40

Back 40 minutes CHF 90/€ 60

Eyebrows 15 minutes CHF 30/€ 20

Upper lip or chin 15 minutes CHF 30/€ 20

SPA MEMBERSHIP

1 year CHF 1150/€ 767

- free admission to the PALACE SPA
- four 55-minute treatments of your choice
- one hour's admission to the Private Spa for two (without treatments)
- 20% off all further treatments in the PALACE SPA and the VICTORIA-JUNGFRAU SPA
- 10% off all ESPA products

Membership of the PALACE SPA also entitles you to admission to the VICTORIA-JUNGFRAU SPA in Interlaken for a cover charge of CHF 40/€ 27 per admission (only on presentation of your PALACE SPA membership card).

Purchase a product and we will offer you a total of CHF 20 / € 13 reduction on any treatment booked.

* in combination with a treatment

DAY SPA & RESIDENTIAL PACKAGES

PALACE SPA DAY SPAS

The following programmes include free use of the exclusive PALACE SPA facilities with its fitness facilities, steam room, sauna, lifestyle showers and peaceful relaxation areas.

DAY SPA DELUXE (IN THE PRIVATE SPA) FOR TWO PERSONS

Enjoy this totally personalized experience in the cosy comfort of your Private Spa. Experience a two-person bath surrounded by candles and floating petals. The views of Lake Lucerne included.

- 1.5 hours of «Time» treatment per person
- 1.5 hours of relaxation in the Private Spa
- selection of teas and fresh fruit

3 hours | CHF 590 / € 393

PALACE DAY SPA EXPERIENCE

- Balinese massage with hot stones (including foot ritual)
- ESPA intensive facial

2 hours 25 minutes | CHF 340 / € 227

ESSENTIAL DAY SPA

- ESPA full body salt & oil scrub
- ESPA aromatherapy body massage (including foot ritual)

1 hour 45 minutes | CHF 270 / € 180

PALACE SPA RESIDENTIAL PACKAGES

Enjoyment in many forms

The Spa at the PALACE LUZERN is holistic indulgence at its peak. A paradise of peace and serenity in which to clear the mind, balance the spirit and release the body from the pace and pressure of everyday life. Each of the Spa packages offers an ideal blend of holistic treatments, guestroom luxury, healthy eating and gentle exercise, enabling you to completely relax and unwind.

PRIVATE SPA EXPERIENCE

A totally personalized luxury experience for two persons in the cosy comfort of your own Private Spa, enhanced by a setting of stylish elegance. Beneficial to body and soul. Select the treatment of your choice. Then enjoy the welcoming warmth of our two-person bath, surrounded by floating candles and petals. The Private Suite also includes a private sauna and steam bath area.

- overnight stay in a Deluxe Double Room with views of Lake Lucerne
- PALACE breakfast buffet
- Dine-In (choice of 4-course dinner) on day of arrival
- free admission to our PALACE SPA
- use of Private Spa for 3 hours including choice of treatment (1 hour 25 minutes per person)

1 night from CHF 760 / € 507 per person in a Deluxe Double Room

2 nights from CHF 1128 / € 752 per person in a Deluxe Double Room

PALACE SPA SHORTBREAK

The perfect introduction to the PALACE SPA

- overnight stay in a Deluxe Double Room with views of Lake Lucerne
- PALACE breakfast buffet
- use of all the PALACE SPA facilities
- ESPA full body salt & oil scrub
- ESPA aromatherapy body massage (including foot ritual)
- ESPA “thank you” gift

1 night from CHF 678 / € 452 per person in an attractive Deluxe Double Room

FREQUENTLY ASKED QUESTIONS

This section deals with some of the main questions asked by guests concerning use of the PALACE SPA. We hope the answers provided will assist you in making the most of your visit.

How do I know which are the most suitable treatments?

Our skilled staff will advise and assist you in selecting the correct treatment(s) and also in planning other aspects of your ESPA or Spa programme. When making your reservation, please state whether your preference is for a male or female therapist.

What should I wear during my treatment?

Spa guests deal with this question in very different ways, depending on culture and upbringing. For body treatments, we recommend that you undress completely. But in every respect “feeling at ease” must be the paramount priority – and this certainly concerns clothing. In the Spa disposable briefs are available.

And in the sauna?

In principle, no clothes are worn in the sauna. In your changing cupboard you will find hand towels on which to lay or sit in the sauna. Further hand towels are obtainable from the Reception.

What happens if I don't feel well during a treatment?

If you find certain massage treatments and techniques painful or unpleasant, please inform the therapist. The therapist should also be informed of any particular problem parts of your body – for example, injuries, sensitivity to pain or muscular tensions. It is essential that the therapist is advised of any other health-related conditions, including colds, influenza or skin rash problems. This information is important because some methods of treatment may cause a temporary deterioration in certain conditions.

And if I have a specific health problem?

Do you suffer from high blood pressure, diabetes, heart problems or allergies? Have you recently undergone an operation? Are you pregnant? If so, please inform our Spa receptionist when booking your treatment. The same applies if you are currently taking medication or are breastfeeding. In general, we recommend that you consult your doctor before booking a treatment.

Should gentlemen shave before a facial treatment?

This is recommended, but not necessary. If you wish to shave first, please do so at least two hours before your treatment begins.

What happens if I am late?

Lateness not only shortens your treatment time but also reduces the effectiveness and enjoyment to be derived from the therapy. In any event, your treatment will end at the scheduled time, so that the following guest does not have to wait. The price of the full treatment will be charged.

Are there minimum ages for treatment?

Children under 12 years of age are admitted to the sauna only if accompanied by an adult. For treatments, we recommend a minimum age of 16. For reasons of safety, children under 16 years of age are not admitted to the fitness area.

Please remember:

The Spa is intended as a place of peace, rest and relaxation. Out of respect for other visitors, guests are therefore requested not to use mobile telephones or similar appliances on the Spa premises. To ensure a healthy environment, smoking is not allowed. Thank you for your understanding.