

Spa Hayman



HAYMAN

Hayman, Australia's premier private island destination in the Great Barrier Reef, is the setting for the health and spa experience, Spa Hayman. This acclaimed spa offers Hayman guests an exclusive selection of personally-tailored beauty and well-being programs designed to restore wellness and balance.

SPA HAYMAN FEATURES

- Comprehensive health and spa programs presented by Spa Hayman's professional therapists
- 13 individual treatment rooms, including a romantic couple's room
- Beach front ocean view massage pavilions
- Two separate relaxation lounges
- A relaxing Hydrotherapy area
- Vichy, sauna, steam rooms and change rooms
- A Spa Orientation program
- A state-of-the-art hair salon incorporating special occasion make-up
- A retail area presenting an array of Pevonia Botanica products

SIGNATURE SPA EXPERIENCE

Ocean Massage 1.5 HOURS

The ultimate sensorial spa experience in the most beautiful of settings. Let yourself drift away to a world of total relaxation and comfort in tranquil waters surrounded by gentle tides and tropical fish in the warm Whitsunday sun.

INDULGENT SPA EXPERIENCES

Caviar & Pearl Rejuvenation Facial 2 HOURS

Revolutionary age defying caviar and pearl extracts improve skin's elasticity whilst dramatically reducing fine lines and wrinkles. Experience our firming facial massage followed by a luxurious thermal lifting mask to reveal a radiant complexion.

Tropical Papaya & Pineapple

De-Ageing Body Wrap 2 HOURS

Begin your de-ageing experience with a full body exfoliation preparing your skin for a warm envelope of exquisite tropical papaya and pineapple. Allow the natural elements of pomegranate, collagen and elastin to smooth and firm restoring your youthful glow.

Outdoor Pavilion Massage 1.5 HOURS

Set in some of Hayman's most spectacular and exotic surroundings, outside pavilions look out onto lush tropical gardens, beach and oceanic vistas. Pavilions accommodate singles and couples for massages.

Balneotherapy

In-room balneotherapy offers an exotic candlelit bathing experience prepared with essential oils and draped with rose petals. A special refreshment offers a toast to celebrate a revitalising and memorable occasion.

FULL DAY EXPERIENCES

De-Ageing Retreat 6 HOURS

Caviar & Pearl Rejuvenation Facial + Tropical Papaya & Pineapple De-Ageing Body Wrap + Caviar Hand Therapy

Detox Retreat 6 HOURS

Seaweed Vitaminic Facial + Detox Algae Body Wrap + Dry Body Brush + Hot Stone Massage + Anti-Stress Hair & Scalp Treatment + Private Yoga Practice

Island Retreat 6 HOURS

Spa Hayman Facial + Tropical Body Polish + 90-minute Massage + Essential Hand & Foot Therapy

Spa cuisine included with above full day spa experiences.

PARTIAL DAY EXPERIENCES

Spa Hayman for Him 3 HOURS

60-minute Facial + 60-minute Massage + Men's Hand & Foot Maintenance

Spa Hayman for Her 3 HOURS

Spa Hayman Facial + Caviar Hand Therapy

SPA PAIRINGS

Spa Experience 2 HOURS

60-minute Massage + 60-minute Facial

Ultimate Spa Experience 3 HOURS

90-minute Massage + 90-minute Facial

Couple's Aromatic Cocoon 2 HOURS

Dry Body Brush + Aromatherapy Body Wrap + Massage

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| Essential Face & Body 60-minute Body Polish + 60-minute Facial | 2 HOURS |
| Aqua Therapy 30-minute Hydrotherapy or Vichy Shower + 90-minute Massage | 2 HOURS |
| Tough Love 60-minute Tennis Instruction + 90-minute Massage | 2.5 HOURS |
| Reform & Relax 60-minute Personalised Fitness Instruction + 90-minute Massage | 2.5 HOURS |

FACIAL THERAPIES

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| Caviar & Pearl Rejuvenation Facial Revolutionary age defying caviar and pearl extracts improve skin's elasticity whilst dramatically reducing fine lines and wrinkles. Experience our firming facial massage followed by a luxurious thermal lifting mask to reveal a radiant complexion. | 2 HOURS |
| Spa Hayman Facial This facial is personally tailored to treat your skin's needs. Select from a range of high performance specialty masks which target concerns of ageing, sensitivity, dehydration or congestion. Delivers a bright, healthy glow. | 1.5 HOURS |
| Skin Fitness for Men Empower your skin to counteract the signs of ageing. Natural actives and anti-oxidants hydrate, mineralise and refine your skin's texture. This results-driven treatment is your skin's ultimate workout. | 1.5 HOURS |
| Essential Facial This holistic facial utilises plant and marine extracts to revitalise and rebalance your skin. Enjoy a purely natural aromatic facial massage which eases stress and fatigue. | 1 HOUR |
| Teen Facial During this deep cleansing facial our therapists will perform a detailed skin analysis and personally prescribe a home care regime, educating you in how to maintain your skin's optimum health. The perfect way to introduce skin care. | 1 HOUR |

FACIAL ADDITIONS

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| Retinol Lip Treatment |
| Anti Puffiness & Dark Circle Eye Treatment |
| Collagen Eye Treatment |
| Vitaminic Concentrate |
| Complexe Collagen Concentrate |
| Complexe Elastin Concentrate |
| Propolis Concentrate |
| Escutox Concentrate |

MASSAGE & BODY THERAPIES

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| Select from Swedish, Aromatherapy, Remedial, Deep Tissue, Reflexology and Pre & Postnatal Massage | 1.5 HOURS/1 HOUR |
| Ocean Massage | 1.5 HOURS |
| Hot Stone Massage | 1.5 HOURS |
| Outdoor Pavilion Massage | 1.5 HOURS |

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| Tropical Papaya & Pineapple De-Ageing Body Wrap Begin your de-ageing experience with a full body exfoliation preparing your skin for a warm envelope of exquisite tropical papaya and pineapple. Allow the natural elements of pomegranate, collagen and elastin to smooth and firm restoring your youthful glow. | 2 HOURS |
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| Soothing After-Sun Recovery Calm sunburnt skin with the soothing and healing qualities of water lily, chamomile and green tea. | 1 HOUR |
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| Detox Algae Body Wrap Total body renewal. A synergy of thalasso and detoxifying French algae eliminates toxicity and stimulates your skin's metabolism. | 1.5 HOURS |
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| Volcanic Mud Wrap This extraordinary mud is derived from the warm fertile valleys of Morocco. Receive replenishing and rejuvenating effects whilst relieving fatigue and exhaustion. The perfect jet-lag remedy. | 1.5 HOURS |
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| Tropical Body Polish Energise your skin with a full body de-ageing exfoliation. A fusion of sea salt, papaya and pineapple smooths and revives dull skin as you drift away under the warm rain of the vichy shower. Finish with an aromatic tropical mist. | 1 HOUR |
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| Sunless Glow | 1.5 HOURS |
| Touch Up Tan | 30 MINUTES |

MASSAGE & BODY ADDITIONS

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| Pre-Massage Hydrotherapy | 30 MINUTES |
| Pre-Massage Vichy | 30 MINUTES |
| Aromatherapy Hair & Scalp Treatment | |
| Sauna + Steam Room + Plunge Pool | COMPLIMENTARY |

HAND & FOOT THERAPIES

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| Caviar Hand or Foot Therapy This luxurious therapy begins with a smoothing enzyme exfoliant preparing your hands or feet to be drenched with caviar, retinol and marine collagen during the mask and massage. Your nail and cuticle treatment is concluded with the perfect polish. | 1.5 HOURS |
| Essential Hand & Foot Therapy | 1.5 HOURS |

WAXING

Eyebrow Shaping, Chin or Lip, Standard Bikini, Brazilian, Underarm, Half Leg, Full Leg, Chest or Back Wax

HAIR SERVICES

Experience the artful touch of our professional hairstylists. Our state-of-the-art salon offers an array of hair services including ladies', gentlemen's and children's hair cuts, foils, blow drying, special occasion styling and make-up application.

SPA HAYMAN FITNESS

Personal Training 50 MINUTES
Fitness/Yoga/Tennis

Group Class 50 MINUTES

Cardio

Cardio Challenge, Sunrise Basic Training, Hayman Circuit Power Walk, X-Trainer Challenge and Hayman Resort Run

Body Shaping

Lower Body Blast, Body Ball, Body Conditioning, Beach Boxing and Boot Camp

Core Conditioning

Pilates and Abdominal Workout

Holistic Health

Yoga, Stretch & Relaxation, Meditation

Times for above listed in on-island Hayman Weekly guest newsletter.

IN-ROOM MASSAGE

Enjoy the benefits of massage in the comfort and privacy of your own room. Please contact the spa to arrange your in-room treatment.

SPA RESERVATIONS

Our spa reservations team will assist you in designing your perfect spa experience. We suggest you arrive 15 minutes in advance of your appointment to enable time for you to change into a robe and relax with a herbal tea. Please understand if you arrive late to commence your treatment, the duration will be adjusted accordingly.

SPA ATTIRE

Please arrive in comfortable attire. A robe and slippers will be provided upon arrival. Swimwear is required for the Sauna & Steam experiences.

SPA THERAPISTS

We have both male and female professional therapists available. If you have a preference please advise when making your reservation.

SPA GIFT CERTIFICATES

Present the gift of good health, great skin and total rejuvenation with a Spa Hayman Gift Certificate, redeemable for all spa therapies and products.

SPA PRICING

Please refer to Spa Hayman Price List.

SPA HAYMAN HOURS OF OPERATION

Daily 9.00am - 8.00pm

CANCELLATION POLICY

If you need to cancel your appointment, please provide 24 hours' notice to avoid incurring the full therapy fee or voiding a Gift Certificate.

HAYMAN GREAT BARRIER REEF QUEENSLAND 4801 AUSTRALIA

www.hayman.com.au T (61-7) 4940 1234 TOLL FREE 1800 075 175 F (61-7) 4940 1567 E reservations@hayman.com.au

One of *The Leading Hotels of the World*



GREAT BARRIER REEF

Spa Hayman

PRICE LIST

SIGNATURE SPA EXPERIENCE

Ocean Massage \$A400

INDULGENT SPA EXPERIENCES

Caviar & Pearl Rejuvenation Facial \$A320

Tropical Papaya & Pineapple De-Ageing Body Wrap \$A320

Outdoor Pavilion Massage \$A290

Balneotherapy \$A105 - \$A195

FULL DAY EXPERIENCES

De-Ageing Retreat \$A930

Detox Retreat \$A920

Island Retreat \$A855

Spa cuisine included with above full day spa experiences

PARTIAL DAY EXPERIENCES

Spa Hayman for Her or Him \$A480

SPA PAIRINGS

Spa Experience \$A320

Ultimate Spa Experience \$A480

Couple's Aromatic Cocoon (for 2 people) \$A640

Essential Face & Body \$A320

Aqua Therapy \$A320

Tough Love \$A325

Reform & Relax \$A325

FACIAL THERAPIES

Caviar & Pearl Rejuvenation Facial \$A320

Spa Hayman Facial \$A240

Skin Fitness for Men \$A240

Essential Facial \$A160

Teen Facial \$A160

FACIAL ADDITIONS

Retinol Lip Treatment \$A40

Anti Puffiness & Dark Circle Eye Treatment \$A40

Collagen Eye Treatment \$A40

Vitaminic Concentrate \$A40

Complexe Collagen Concentrate \$A40

Complexe Elastin Concentrate \$A40

Propolis Concentrate \$A40

Escutox Concentrate \$A60

MASSAGE & BODY THERAPIES

Swedish, Aromatherapy, Remedial,

Deep Tissue, Reflexology or

Pre & Postnatal Massage 1.5 hours \$A240/1 hour \$A160

Ocean Massage \$A400

Hot Stone Massage \$A280

Outdoor Pavilion Massage \$A290

Tropical Papaya & Pineapple De-Ageing Body Wrap \$A320

Soothing After-Sun Recovery \$A160

Detox Algae Body Wrap \$A240

Volcanic Mud Wrap \$A240

Tropical Body Polish \$A160

Sunless Glow \$A240

Touch Up Tan \$A80

MASSAGE & BODY ADDITIONS

Pre-Massage Hydrotherapy \$A80

Pre-Massage Vichy \$A80

Aromatherapy Hair & Scalp Treatment \$A25

Sauna + Steam Room + Plunge Pool Complimentary

HAND & FOOT THERAPIES

Caviar Hand Therapy \$A240

Caviar Foot Therapy \$A240

Essential Hand & Foot Therapy \$A165

WAXING

Eyebrow Shaping \$A40 Chin or Lip \$A25

Standard Bikini \$A55 Brazilian \$A120

Underarm \$A40 Half Leg \$A60

Full Leg \$A90 Chest or Back \$A50

SPA HAYMAN FITNESS

Personal Training 1, 3 or 5 sessions \$A85/\$A225/\$A350

Couples \$A120

Groups (maximum 5 persons) \$A150

Group class \$A25

Prices are subject to change without notice.

Prices quoted are per person and are inclusive of a 10% Goods and Services Tax.

FOR FURTHER INFORMATION AND RESERVATIONS

CONTACT SPA HAYMAN T 1800 075 175 OR (61-7) 4940 1971

E spa@hayman.com.au

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